

Child-Friendly Anti-Bullying Policy



LOWER PEOVER
CofE Primary School

What is bullying?

At our school bullying is, "hurting someone on purpose more than once."

What is not bullying?

At our school bullying is not, "falling out with your friends or accidentally hurting someone."



"Whatever you do, work at it with all your heart, as working for the Lord" - Colossians 3:23

Types of bullying behaviour:

Physical Bullying

- Punching or hitting
- Kicking
- Pushing
- Nipping or biting

Emotional Bullying

- Saying unkind words
- Leaving someone out on purpose
- Name calling
- Telling lies about someone or spreading rumours
- Telling someone they can't be friends with someone

Cyber Bullying

- Unkind text messages or emails
- Unkind comments on social media or trolling
- Sharing personal information about someone else without their permission e.g. a photo

RAINBOW RULES

Smile!

Use 'please' and 'thank you.'

Offer to help.

Be polite

Hold the door.

Say 'Hello!'

Smile!

Other types of bullying include:

- Saying unkind words about the colour of someone's skin (Racial Bullying)
- Saying unkind words about someone's religious beliefs
- Saying unkind words about someone's gender

S

Several

T

Times

O

On

P

Purpose

If you are being bullied you should:

- Walk away
- Find somewhere safe, not on your own
- Tell someone
- Use the class worry box
- Tell the behaviour team members

What you shouldn't do:

- Don't bully back
- Don't blame yourself
- Try not to show you're upset or angry
- Don't get into an argument with the bully

What our school does to respond to bullying:

- We give children the information they need to know what bullying is
- We help children to know what to do if they are being bullied or see someone being bullied
- We don't tolerate the bullying behaviour
- We contact the parents or carers of the children involved

Everyone at our school is responsible for anti-bullying so you can talk to any adult in school.

TREAT OTHERS
the way
you
want to be
TREATED.

This policy was developed by a group of 6 children.

