

## The Jigsaw Puzzles (units)



### PSHE Rationale

At Lower Peover C.E. Primary School, PSHE education is of the utmost importance in developing our pupils' knowledge and skills to keep themselves healthy and safe and prepare them for life and work in modern Britain. Our PSHE education helps pupils to develop the skills and attributes they need to manage many of the critical opportunities, challenges and responsibilities they will face as they grow up and in adulthood. By teaching pupils to stay safe and healthy, and by building self-esteem, resilience and empathy, our children can tackle barriers to learning, raise their aspirations, and improve their life chances. The teaching of Fundamental British Values is weaved into the full curriculum.

### PSHE Intent

#### As a school, we aim to:

- Ensure our children know and understand what constitutes a healthy lifestyle;
- Make children aware of how to stay safe, including online;
- Ensure pupils know what a healthy relationship is;
- Help pupils develop their resilience, perseverance and self-esteem;
- Develop mindfulness which will help increase concentration, emotional awareness and focus;
- Ensure our pupils become active members of their community.

### PSHE Implementation

We follow the Jigsaw Scheme of work within school. Jigsaw consists of six half-term units of work (Puzzles), each containing six lessons (Pieces) covering each 'academic year. Every 'Piece' has two learning intentions, one specific to Relationships and Health Education (PSHE) and the other designed to develop 'emotional literacy and social skills.

Puzzles are launched in a whole-school assembly containing an original song, with each year group studying the same unit at the same time (at their own level), building sequentially through the school year, facilitating whole-school learning themes. The various teaching and learning activities are engaging and mindful of different learning styles and the need for differentiation.

### PSHE Impact

Our pupils will understand how to be part of a community, work with others, appreciate diversity and recognise and be proud of their own strengths. They will know how to keep themselves safe in school, at home and in the wider community. They will be able to make informed choices about finances and begin to think about how to be financially literate in adulthood.

Pupils will leave Lower Peover C.E Primary School as confident individuals, who contribute to the wider society through their ability to recognise right from wrong. They will show respect and tolerance for all faiths and backgrounds 'and know how to keep themselves safe in an ever-changing world.